

Embrace what's Within

JAMIE

THIVIERGE EMOTIONAL BEAUTY

POSSIBLE SPEAKING TOPICS

Emotions, Hope, Healing, Anxiety, Acceptance, Boundaries, and More!

ABOUT JAMIE

Jamie Thivierge is a motivational therapist and motivational speaker. Jamie has worked and spoken to many women to help them embrace and accept their feelings. Whether it be past or present, we all need healing and Jamie is here to assist you in getting an internal makeover to empower your emotional beauty.



CONTACT

- @emotional_beauty_
- youremotionalbeauty.com
- jamieemotionalbeauty@gmail.com

ABOUT EMOTIONAL BEAUTY

Emotional Beauty was created to encourage women to express and accept their emotions as a healthy part of their wellbeing.

Jamie will be your personal motivator, encouraging and inspiring you to embrace your internal beauty. Let her, through her own personal experiences, help you become organically beautifully nourished.

